Sjögren’s Syndrome is the 2nd most common autoimmune disease but is virtually unknown by the public.

Awareness is the key to earlier diagnosis, better care and improved quality of life.

HELP SPREAD THE WORD!

430,000 Canadians Thank You!
When You Look At This Picture
WHAT DO YOU SEE?

People with Sjögren’s Syndrome generally look “NORMAL ON THE OUTSIDE” adding to the delay in diagnosis and often not to be taken seriously by professionals.

Sjögren’s Society of Canada
Federal Registered Charitable # 81858 8956 RR0001
www.sjogrenscanada.org    1-888-558-0950
MORE THAN DRY EYE AND DRY MOUTH

Sjögren’s Syndrome is a Systemic Disease Affecting Multiple Organs, Resulting in Reduced Quality of Life

Sufferers May Not Look “Sick”

- Takes an average of 5-9 years to be diagnosed
- 9 out of 10 patients are women ages 35-65, but men and children may also suffer
- Affects up to 430,000 Canadians
- 3x more than Multiple Sclerosis and Lupus
- Often the disease occurs alone or as a complication of rheumatoid arthritis, lupus, scleroderma or other connective tissue diseases
Currently there is no cure for Sjögren’s Syndrome but early diagnosis and proper treatment can prevent serious complications and greatly ease symptoms.

IF YOU HAVE ANY OF THE FOLLOWING SYMPTOMS FOR MORE THAN 3 MONTHS, CONTACT YOUR DOCTOR FOR TESTING:

- Trouble swallowing dry food
- Using eye drops more than twice a day
- Unexplained swelling like mumps

For More Information, Contact the

Sjögren’s Society of Canada

www.sjogrenscanada.org  1-888-558-0950
IMAGINE CONSTANTLY STRUGGLING

- To chew, swallow or speak without sipping water
- Burning, blurry eyes
- Rampant tooth decay
- Persistent swelling of face
- Muscle aches, arthritis
- Low grade fever
- Thyroid inflammation, nerve damage
- Other incapacitating complications

Think About Living Like This Every Day!

Connecting with others with similar challenges helps people better cope.

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