

SJÖGREN'S SYNDROME SIMULCAST

Tuesday, December 4, 2012, 8:30 – 10 p.m. EST

Where? Stay at home and participate with your computer or on the telephone. **How Do I Sign-Up?** Send email to: info@sjogrenscanada.org with name, address, telephone number & email address; Attention: "Simulcast Conference on Sjögren's ". You will receive a confirmation and instructions on accessing the conference closer to the event.

Sjögren's Syndrome - An Immune System Gone Wild **Rheumatologist, Arthur Bookman, M.D. FRCPC**

Sjögren's Disease is like an iceberg. On the surface there does not appear to be much happening, but a person with the condition knows that they have been besieged. The dry eyes and mouth, the fatigue and aching joints, the inflamed kidneys, nerves and lungs are all invisible to the casual observer. Even health care professionals are often lulled into thinking this a minor condition. However, the rotting teeth, the ulcerating cornea, the burning nerve endings and the threat of lymphoma are not minor symptoms or issues easily dismissed. We will tell you about the full impact of this insidious condition.

Dr. Bookman is Associate Professor of Medicine, University of Toronto; Coordinator, Toronto Multidisciplinary Sjögren's Syndrome Clinic at Toronto Western Hospital; Program Director, Division of Rheumatology; President and Chairman of the Board of The Journal of Rheumatology, an international professional journal published in Canada; Co-Chair, Medical Advisory Board, Sjögren's Society of Canada; former president of the Canadian Rheumatology Association; and was instrumental in the establishment of the Medical Advisory Committee for the Canadian Arthritis Society and the Committee's first Chair.

Dry Eye: The Chronic Disease That You Can Manage **Optometrist, Barbara Caffery OD, PhD, FAO**

Dry eye can be a mystery to those who have it: what is the cause, how do I manage the discomfort, will I lose my vision? Thankfully this disease is very manageable. There are tests that need to be done to determine the type of dry eye that you have. Treatment and management involve the cooperation of patient and doctor and long term follow-up. This lecture will cover tests, treatments and tips for keeping your eyes comfortable for life.

Barbara Caffery is a Toronto optometrist who has worked in a group practice since her 1977 graduation from the New England College of Optometry. She is also a member of the University Health Network Multidisciplinary Sjögren's Syndrome Clinic. She spends her days doing comprehensive

eye care. Her areas of expertise are dry eye disease and contact lenses. She completed her Masters of Science degree in Nutrition in 1987. She completed her PhD programme in Vision Science at the University of Waterloo in 2009 upon defending her thesis entitled Sjögren's Syndrome: A Clinical and Biochemical Analysis. She has done several clinical trials in dry eye disease and has published widely in the areas of contact lenses, dry eye and Sjögren's Syndrome.

Dr. Caffery teaches part-time at the University of Waterloo, School of Optometry. She now serves as a member of the Board of American Academy of Optometry and Sjögren's Society of Canada, Medical Advisory board. Her present initiative within the Academy is the formation of a special interest group of Fellow practitioners who will perform clinical research within their practices.