Sjögren’s is a difficult disease to diagnose, understand and manage. This Conference is designed to educate patients and their families, and healthcare professionals about Sjögren’s syndrome and how to better manage various aspects of this complex, systemic disease. Participants will have the opportunity to gather current information from expert presenters, and interact with the professionals to have your questions answered. You will also be able to discuss products directly with the exhibitors.

As a patient, insight into the disease and connecting with others living with similar challenges helps people better cope with this “immune system gone wild”. Past Conference participants gained insight into, and a sense of control over, this difficult disease, and you will too! You will emerge with a new sense of optimism and empowerment.

The Conference will provide the tools necessary for healthcare professionals to help diagnose, treat and manage Sjögren’s syndrome patients, and gain a better understanding of the needs of the Sjögren’s patient.

This expanded Conference will cover the hallmarks of Sjögren’s syndrome as well as other systemic problems. Presentations include the following topics:

- Overview of Sjögren’s Syndrome – Dr. Arthur Bookman
- The Oral Management of The Sjögren’s Patient – Dr. Athena Papas
- Dry Eye – Tear Dysfunction: Are we making any Progress in Diagnosis and Treatment?
  - Dr. Bruce Jackson
- Measuring the Impact of Sjogren’s Syndrome on Quality of Life – Dr. Susan Abbey
- Pregnancy in Patients with Sjögren’s Syndrome and other Autoimmune Diseases
  - Dr. Ann Parke
- Dental Implants and the Sjögren’s Patient – Dr. Izchak Barzilay
- Taste and Smell in Sjögren’s Syndrome – Dr. Miriam Grushka
- Artificial Tear Products – How to Choose – Dr. C. Lisa Prokopich

1 Hour Round Table Discussions (3-20 min sessions)

Join us on May 10-11 at the 2013 for the National Conference on Sjögren’s Syndrome, “An Immune System Gone Wild”. Increase your understanding of this complicated disease affecting an estimated 430,000 Canadians at the beautiful Sheraton Centre Toronto Hotel in the heart of Toronto’s Downtown!

MARK May 10-11, 2013 on your calendar TODAY and plan to attend this interesting and educational Conference!

For more information go to www.sjogrenscanada.org or Phone 1-888-558-0950 for details.
# 2013 SJÖGREN'S SYNDROME NATIONAL CONFERENCE

**“An Immune System Gone Wild”**

May 10 & 11, 2013  
Sheraton Centre Toronto Hotel  
123 Queen Street West, Toronto, ON

| Fri., May 10, 2013: | Evening Welcome Reception & Early Registration (optional)  
|---------------------|----------------------------------------------------------  
| 8:00 – 9:30 p.m.   | Appetizers, sweets, coffee & tea served  
| Sat., May 11, 2013: | Conference – Presentations  
| 8:00 a.m. – 4:45 p.m. | Full Breakfast, lunch and two snacks provided.  
| 7:45 a.m. – 8:30 a.m. | Registration and Exhibitor Booths Open (Breakfast starts)  

## CONFERENCE REGISTRATION FORM

**HYGIENIST- Registration**

<table>
<thead>
<tr>
<th>Attendee Name</th>
<th>E-mail Address</th>
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<tbody>
<tr>
<td>Street Address</td>
<td>City</td>
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<td>Province</td>
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**1. FEES** - Please indicate appropriate fee(s). **EARLY BIRD DEADLINE is April 15, 2013**

| April 15/13 & before: | $145 per registrant  
| April 16/13 & after: | $165 per registrant  

**TOTAL FEES**: $______________  
____ Gluten Meal Requested  
____ Vegetarian Meal Requested

**2. PAYMENT METHOD** -

a) Fax credit card payments to 1-519-752-3830  
b) On-line registration, go to: [http://sjogrenscanada.org/npc/hyg](http://sjogrenscanada.org/npc/hyg)

____VISA _____MASTERCARD Credit Card # ___________________________ Expiry Date _____ / ____ (Month/Year)

Exact Name on Credit Card ___________________________

Date ____________  
Signature ___________________________

Written confirmation will be sent prior to the meeting. Refund requests must be in writing. Written requests received prior to April 1, 2013 will receive a 50% refund. After that time, no refunds can be made.

*Questions about the Conference:  
contact the Sjögren’s Society of Canada at 1-888-558-0950  
or email: [info@sjogrenscanada.org](mailto:info@sjogrenscanada.org)*

Your Conference registration fee does not include your hotel room. An excellent reduced rate of $159 (plus taxes and parking) per night has been negotiated at the Sheraton Centre Toronto Hotel. Rooms are limited. **To receive this discounted rate, you must book YOUR room by April 15, 2013.** To book your room directly, contact the Sheraton Toronto Reservation’s Center at **1-800-325-3535** and quote the group code ‘**SJE11A**’. 

SJÖGREN’S SYNDROME: 
An Immune System Gone Wild

Saturday, May 11, 2013

Sheraton Centre Toronto Hotel

7:45–8:30 am  Registration, Exhibits and Breakfast
8:30–8:45 am  Opening Remarks
   Arthur A. M. Bookman, MD FRCPC, MD Program Director, Division of Rheumatology, University of Toronto; Chair, Conference Planning Committee; Co-chair Medical Advisory Committee, Sjogren’s Society of Canada
   Lee Durdon, President and Founder, Sjogren’s Society of Canada (SjSC)

8:45–9:25 am “Overview of Sjogren’s Syndrome”
   Arthur A. M. Bookman, MD FRCPC, Rheumatologist

   Athena Papas, D.M.D., Ph.D., Oral Medicine Specialist

10:15–10:55 am “Dry Eye – Tear Dysfunction: Are we making any Progress in Diagnosis and Treatment?”
   Bruce Jackson, M.D. FRCSC, Ophthalmologist

10:55-11:10 am Break

11:10–11:50 am: “Pregnancy in Patients with Sjogren’s Syndrome and other Autoimmune Diseases”
   Ann L. Parke, MD, Rheumatologist

11:50–12:30 pm: “An Update on Dental Implants and Sjogren’s Syndrome”
   Izchak Barzilay, Cert. Prosth., M.S., FRSC(D), Prosthodontist

12:30-12:35 pm Announcements

12:35-1:20 Lunch, Exhibits

1:20–2:00 pm “Measuring the Impact of Sjogren’s Syndrome on Quality of Life”
   Susan Abbey, MD

2:10–3:10 pm Round Table Discussions

3:10-3:25 pm Break

3:25–3:55 pm “Taste and Smell in Sjogren’s Syndrome”
   Miriam Grushka, M.Sc., D.D.S., PhD, Oral Medicine Specialist

3:55–4:35 pm “Artificial Tear Products – How To Choose”
   C. Lisa Prokopich, OD, M.Sc., Optometrist

4:35-4:45 Closing Remarks
DIRECTIONS

Sheraton Centre Toronto Hotel
123 Queen Street West, Toronto, ON

Conveniently located two blocks away from both Queen & Osgoode subway stations. Valet parking is available on property and public parking can be found directly across Queen St. at City Hall.

RAILWAY – Union Station – Driving distance approx. 0.3 km

AIRPORT INFORMATION: Toronto International Pearson Airport (YYZ) is located 22 km/15 Miles West of downtown Toronto. Transfer services by limousine or tax is approx. 30-45 minutes. Airport Express Bus runs every 30 minutes dropping off at the hotel.

DRIVING DIRECTIONS:

From the West (London, Sarnia, Toronto International Airport)

Follow Hwy. 401 East to Hwy. 427 South. Take Hwy. 427 South and follow signs for Hwy. QEW (Queen Elizabeth Way). The QEW turns into the Gardiner Expressway. Once on the Gardiner Expressway watch for York St. exit. Take York St. exit ramp (stay on the left hand side of the ramp) and follow York St. until it ends at Queen St. Turn right on to Queen and you will see our Motor Court entrance immediately on the right hand side.

From the North (North Bay, Barrie)

Follow Hwy 400 South to Hwy. 401 West. Follow Hwy. 401 West to Hwy. 427 South. Take Hwy. 427 South and follow signs for Hwy. QEW (Queen Elizabeth Way). The QEW turns into the Gardiner Expressway. Once on the Gardiner Expressway watch for York St. exit. Take York St. exit ramp and follow York St. until it ends at Queen St. Turn right on to Queen and you will see our Motor Court entrance immediately on the right hand side.

From the Niagara Region

Follow Hwy. QEW (Queen Elizabeth Way) into Metro. The QEW turns into the Gardiner Expressway. Once on the Gardiner Expressway watch for York St. exit. Take York St. exit ramp (stay on left hand side of the ramp) and follow York St. until it ends at Queen St. Turn right on to Queen and you will see our Motor Court entrance immediately on the right hand side.

From the East (Montreal, Ottawa)

Follow Hwy. 401 West to the Don Valley Parkway (DVP). Take the Don Valley Parkway South all the way to Richmond St. exit. Take Richmond St. (along past Sherbourne, Jarvis, Church, Yonge & Bay streets). Get into the right lane after Bay St. the Hotel is at the next intersection (corner of Richmond St. & York St.), however the Motor Court entrance is on your right-hand side just before this intersection.