

# ANNUAL REPORT

2022

## The mission of the Sjögren's Society of Canada

To provide support and education for diagnosed and undiagnosed Sjögren's patients, to increase professional and public awareness, and to promote and fund Sjögren's related research.

## IMPACT SNAPSHOT

138

New members joined the SjSC in 2022

508

2022 Town Hall/National Patient Conference attendees

9306

Visitors to our new website in 2022

## A year of making strides for Sjögren's

Reviewing the SjSC's accomplishments in the past year, we are very proud of what we have achieved to support and educate Sjögren's patients in Canada through our Support Groups, Town Halls, National Patient Conference, and newsletters. We are particularly excited about the launch of our brand-new website. Members have access to updated disease information and can now manage all interactions with the SjSC through the website. Our continued focus on spreading the word about Sjögren's through our walks, brochures, website, and the Canadian Sjögren's Awareness social media campaign serve to educate the Canadian public about our unknown disease. The SjSC has emerged from the pandemic stronger than ever with solid increases in membership and fundraising, more in-person events, and plans to resume our research grant program.

# OBJECTIVES

# IMPACT

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## Launch New SjSC Website

- Increased capacity and functionality
- Up-to-date Sjögren's content
- Event Calendar with full schedule of upcoming events
- Easy membership registration process

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## Increase Awareness

- French Sjögren's brochures now available (by mail & online)
- Canadian Sjögren's Awareness Month held in July 2022
- Daily Sjögren's 'tips' & info shared through social media

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## Expand Walks for Sjögren's

- New walks in Brockville, ON & London, ON
- 135 Donors/80+ Participants
- All walks were held **in person** in 2022
- Calgary & Saskatchewan interested in walks

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## Enhance Fundraising Efforts

- Events include The Great Canadian Giving Challenge, Walks for Sjögren's, Giving Tuesday, Year End Giving Campaign
- 665 Individual Donors in 2022

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## Research

- Committed to 5% of all donations be allocated to research
- Over \$9,000 raised in 2022 (6.08%)
- Plans to resume our Summership Research Grants for medical and dental students in 2023

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## Advocacy

- Letter campaign and protest conducted for approval of Cevimeline/Sholyne in Canada
- Although the campaign was unsuccessful, Health Canada acknowledged that Sjögren's is a serious disease

TOTAL  
FUNDS  
RAISED

**\$126,766.77**



**CANADIAN SJÖGREN'S AWARENESS MONTH**

Think of healthy diet, minimal stress, adequate sleep, and regular exercise as the legs of a stool. Any imbalance may result in the stool falling over and causing a Sjögren's flare.

[WWW.SJOGRENSCANADA.ORG](http://WWW.SJOGRENSCANADA.ORG)

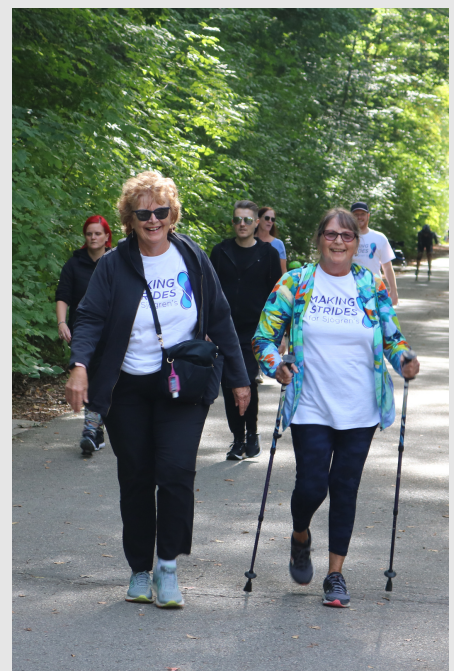


**SJSC Sjögren's Society of Canada**

Qu'est-ce que c'est le Sjögren's ?

Les yeux secs, la bouche sèche, la fatigue et les douleurs articulaires sont les symptômes caractéristiques de l'une des maladies auto-immunes les plus répandues qui touche environ 1 million de Canadiens, dont 90% sont des femmes.

Sjögren's Society of Canada  
1-888-558-0950  
[www.sjogrenscanada.org](http://www.sjogrenscanada.org)



We couldn't have done it without your generous support.

*"I am so thankful for this organization! I have learned so much in 3 yrs, have found a better rheumatologist who understands the myriad manifestations of Sjögren's, and the Conferences are a wealth of information that has helped me in so many ways, including the knowledge that my symptoms are not in my head, and that there are so many other people out there who are in a similar life situation. Many, many thanks!" AM*

*"Many thanks, to you and the SjSC for all the great work in organizing and presenting the annual conference and being a great resource for all of us affected by Sjögren's." HY*

*"You are not alone, and it's okay to not be okay. There's a whole community of Sjögren's Warriors out there waiting to support you along your journey. The people I have met through the SjSC have not only become my friends but also have become part of my support system." CM*

# THANK YOU

to all our donors and volunteers.

Special thanks go to Lauren Vording (Managing Director), Dr. Leslie Laing (President), Mary McNeil (Vice-President), Marc Foisy (Treasurer), Christin McGinn, Ellen Wang & Julie Yoshikuni (Board of Directors), our Medical Advisory Board and all of our incredible Support Group Leaders.



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